

# SkillUp CT Metrix Learning Tour

## Virtual Workshop

SkillUp CT Metrix Learning offers free online courses to job seekers. Join us for a guided tour of the Metrix Learning platform and learn how to create a personalized learning plan.

During this free, 60 minute virtual workshop you will learn:

- The best practices of online learning
- How to use Career Pathways
- How to create a learning plan



To register contact your local AJC office or sign up online

[CThires.com](http://CThires.com)

Danielson AJC – 860-774-4077

Montville – 860-848-5240

Willimantic – 860-450-7603

*The information on how to access the workshop will be emailed to registered participants 24 hours prior to the workshop.*

The logo for American Job Center Eastern CT. It features the words 'americanjobcenter' in a blue, lowercase, sans-serif font. A red star is positioned above the 'j' in 'job', with a blue swoosh arching over it from the left. Below 'americanjobcenter', the words 'EASTERN CT' are written in a bold, red, uppercase, sans-serif font.

americanjobcenter  
EASTERN CT